



Gay, Lesbian, Bisexual, Transgender: Your quality of life matters.

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JUNE 2008 NEWSLETTER

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Let Us Support You! MCC Support Groups

This month we're shining the spotlight on Montrose Counseling Center's support groups. MCC offers a variety of support groups that provide safe, confidential and affirming environments in which clients can share common experiences. Support groups are one of the many ways in which Montrose Counseling Center addresses quality of life issues in the gay, lesbian, bisexual and transgender communities. For some groups, an intake may be required if you are not already an MCC client. **Please call 713.529.0037** for further information or to schedule an intake appointment.



Men's Survivors of Childhood Sexual Assault
Mondays 6:30 - 8:00 p.m.

Relationship Wellness Support Group for survivors of Domestic Violence
Tuesdays 6:30 - 8:00 p.m.

Women Survivors of Sexual Assault and/ or Childhood Abuse
Tuesdays 6:30 - 8:00 p.m.

Gay Men's Prostrate Cancer Survivor Group
2nd and 4th Tuesdays of every month 6:30 - 8:00 p.m.

Long-Term Survivors Group for HIV+ Gay Men
Waitlisted • Please call to be added to the list.
Thursdays 1:30 - 3:00 pm

Chemical Dependency Intensive Outpatient Program
Monday - Friday 11:00 a.m. - 1:00 p.m.
Monday - Friday 6:00 - 8:00 p.m.
Monday, Wednesday, Friday 2:00 - 4:00 p.m.
Relapse Prevention Group: Wednesdays 6:00 - 8:00 p.m.

HATCH for GLBT and Questioning youth, ages 13-20
Fridays 7:00 - 10:00



What's New?

- [Job Openings](#)
- [Check out our New Website!](#) (Designed by Becky Holmes, CIWA)



[Subscribe to the MCC Newsletter Today!](#)

Did you know?

Hurricane season is now upon us.

To make sure you're prepared, stop by the lobby on the 2nd floor of MCC for a free brochure about what you can do to prepare for natural disasters.

Gay & Lesbian Switchboard Houston is always there for your needs. 713.529.3211

Clients past and present, we want to hear your story! If you feel that MCC has touched your life, please tell us how. Email us at mcc@montrosecounselingcenter.org.

Sundays 6:00 - 9:00

SPRY Peer Support Groups for GLBT persons 60 years +
 Women's Group: Monday at 1:30 p.m.
 Men's Groups: Monday at 4:00 p.m., Tuesday at 1:30 p.m. or 4:00 p.m.

SPRY Social Events:

Sunday, June 1: **Museum of Fine Arts Houston**, 12:30 p.m.
 Saturday, June 7: "**Accordian Kings & Queens**," Miller Outdoor Theater, 7 p.m.
 Monday, June 9: **SPRY Events Input Meeting**, MCC, 2 p.m.
 Thursday, June 19: **Educational Speaker**, MCC, 1 & 3 p.m.
 Saturday, June 21: **Gay Men's Chorus of Houston**, Jones Hall, 7:30 p.m.
 Saturday, June 28: **PRIDE Parade**, Montrose & Westheimer, 8:45 p.m.

Parcheesi Anyone?



If you have old board games or playing cards that are collecting dust on a shelf, why not donate them to the SPRY drop-in center? Games and decks of cards should have all pieces intact. Contact Ben at 713.529.0037 x350.

Homecoming for HATCH

The
 16th
 Annual



HATCH Alternative Prom will be held from 7 p.m. to midnight on **Friday, June 13**, at HATCH's new home, 401 Branard, 1st floor.

Inspired by Pride Houston's theme, "We are Family," this year prom participants will "**Hustle down to Funky**

Town'' with 70's style.

The prom is **free** for gay, lesbian, bisexual and questioning youth, and their allies, ages 13 - 20. Many don't attend their own school dances because they are afraid of being teased or physically abused by peers.

A special invitation is extended to GLBT adults who may not have had the opportunity to attend their own high school prom dressed as they wished or with a same-sex date. **Anyone over the age of 21 may attend for a \$25 donation.** You may register at [Network for Good](#) by designating the donation for the Prom. For more information, or if you are interested in sponsoring the event, please contact Deb Murphy, Youth Services Specialist, at 713.529.3590.

MCC Celebrates PRIDE with Open House



Look for Montrose Counseling Center and HATCH in the Pride Parade on Saturday, June 28, and join us in starting the celebration one week early at an **Open House on Friday, June 20, from 6:00 - 8:00 p.m.** The event will celebrate the completion of our newly renovated first floor, which is dedicated to activities for Houston's Gay, Lesbian, Bisexual and Transgender communities. We are excited that the first floor will be a permanent new home for HATCH and Gay & Lesbian Switchboard Houston. Join us for refreshments and tours of our new space!

Continue the festivities with the [Houston Pride Band](#) as it celebrates Pride at a concert benefitting MCC on **Friday, June 27, at 7:30 p.m.**, in Zilkha Hall at the Hobby Center. The performance will cap off what has been called the Pride Band's finest season to date and will commemorate, both musically and visually, the band's 30 year history as Houston's premiere GLBT concert band. Tickets may be purchased at [Hobby Center box office](#).



Montrose Counseling Center has earned The Joint Commission's Gold Seal of Approval™. If you have concerns about client safety or quality of care at Montrose Counseling Center, you may report these concerns to the Commission at: One Renaissance Blvd.; Oakbrook Terrace, IL 60181 or at <http://www.jointcommission.org/>



Catch the Comets for a Great Cause



Go Comets Go! Go Comets Go! Attend Montrose Counseling Center Friends & Family Game Night Out! Join us as we root the **Houston Comets** to victory against the Los Angeles Sparks on **Saturday, July 19**. Click [here](#) to download a form to purchase your tickets and fax it back to the Comets. MCC will receive a portion of the sale of your tickets.

Simple Ways to Support Us



Through **Kroger's Neighbor to Neighbor Program**, you can support MCC every time you grocery shop! **Print this bar code** or [download this letter](#), and ask your checker to scan it the next time you use your Kroger Plus card. After that, share the barcode with someone else. Your Kroger Plus card will be linked with MCC's account. Every time you use it, you will help MCC earn its share of Kroger's \$1 million in annual giving. Unlike the Kroger SHARE cards of the past, you only have to scan the bar code once. Make it the next time you visit your neighborhood Kroger!

Use [Goodsearch](#) as your search engine of choice. Choose Montrose Counseling Center as your charity, and we'll receive one cent for each search that you do online. Tell your coworkers, friends, and family to do the same. It's an easy way **you can donate to MCC without spending a penny!** Graduation season is here, and Father's Day is just around the corner. If you shop online, use Goodsearch as your starting point, and MCC will receive a portion of of the sale through **Goodshop**.



You've seen **The Bracelet™** with the



ribbon. They are available through **Until There's A Cure®** Foundation, a nonprofit organization that raises funds and awareness about HIV/AIDS. Purchase your bracelet and be sure to mention Montrose Counseling Center with your order, and 25 percent of the sale will go to MCC.

A thousand thanks to:

104.1 KRBE, The Roula and Ryan Show, and especially radio personality **Special K**. He chose Montrose Counseling Center as his charity from the May eBay lunch auction with the morning show's cast members.

Stella Link Seville Pride Pageant Board of Directors for choosing Montrose Counseling Center's Building Fund as the beneficiary of the 2008 Miss Gay Pride Pageant.

Bunnies on the Bayou, Carl Han's Love Party, Bayou City Boys Club, and Marcia Mink Gill's Passover on Drag Time for their generous support.

Other MCC Sponsors Include:

- Alan Cable Jewelry
- Baba Yega Restaurant
- Bayou City Performing Arts
- Berryhill Baja Grill
- Carriage Glass & Detail
- Catering to Your Kneads
- Chatter's Cafe & Bistro
- Martin Cominsky
- Crapitto's Cucina Italiana
- Dessert Gallery
- El Meson Restaurant
- Hanson Galleries
- Houston Grand Opera
- InterContinental Hotel
- Isle PediSpa
- Massage and Reflexology Solutions
- Minute Maid
- Mitchell Gold + Bob Williams
- Mosaic Wine Group
- Patrick Palmer
- Picnic
- Salud! Winery
- Rob Schmerler, The Rob Schmerler Insurance Agency
- t'afia
- Tart Cafe
- Tony Mandola's Gulf Coast Kitchen
- Village Greenery & Flowers
- The Wine Merchant





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